



4-H Portfolio

My 4-H Experiences & Accomplishments



Louisiana 4-H is an educational program of the LSU AgCenter



Name _____

School/Club _____

4-H Member's Portfolio Book

A Message to 4-H'ers:

- Record-keeping is an important part of every 4-H educational project.
- Many awards, educational trips and college scholarships are given to club members on the basis of their records and project work.
- Records show your 4-H club work progress. Keep this book from year to year and add to it. You may include up to three years' of 4-H work.
- This form is designed to help you keep your records and other supporting materials in an orderly manner.
- Do not alter the basic format of this book.
- Don't forget to include your 4-H project book(s).

Your 4-H Portfolio should contain the following sections:

- Section 1– Personal Data & 4-H and You
- Section 2 – 4-H Leadership
- Section 3 – Citizenship/Community Service
- Section 4 – 4-H Awards & Recognition
- Section 5 – Non-4-H Experiences – Leadership
- Section 6 – My 4-H Story
- Section 7 – 4-H Photos or Supporting Materials
- Section 8 – 4-H Project Focus and Above & Beyond



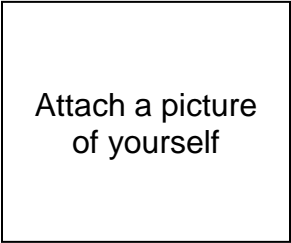
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School Year _____

SECTION 1

Personal Data



Name _____ Grade _____

Age ____ Date of Birth: Month _____ Day _____ Year _____

Address _____

City _____ ZIP _____

School or 4-H Club _____

Parish _____

Name of Parents or Guardian _____

List the name of 4-H project book(s) included:

I have personally prepared this report and believe it to be correct:

Signed _____ Date _____
(Club Member)

Signed _____ Date _____
(Parent or Guardian)

Signed _____ Date _____
(Parish Extension Agent)

4-H and YOU!

Looking back over the year:

School Year _____

Tell about your favorite part(s)/activity in 4-H.



Who is your role model in 4-H? Why?



Tell one thing you learned this year in 4-H.



Looking to the future:

If you were in charge of 4-H in your parish – how would you make it better?



SECTION 3

Citizenship/Community Service

How were you able to show your caring and citizenship qualities this year? List activities you have participated in to help others in your community. Include hours/type of service/number of items donated, etc.

Description of Activity	Level
<i>Example: Donated 6 canned goods for Food for Families Food Drive.</i>	(L)

*Level = L – Local, P – Parish, R – Regional, S – State, N - National

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Only one page per year.

SECTION 6

My 4-H Story

(Place your 4-H Story behind this page.)

Your story is limited to six pages typed or handwritten. Use 8½-by-11-inch paper with a 1½ -inch margin at the top and the left and a 1-inch margin at bottom and right of each page. Use only one side of the page, and, if typed (or printed from a computer), use at least 12-point type.

In your story, introduce yourself and include information about your interests, your family and so forth. Write about your 4-H project experiences and about your 4-H activities. Describe some of the interesting things you did and what you learned or gained from your experiences. Be sure to include leadership and citizenship activities. Tell what you plan to do in the future and how 4-H has helped you plan for your future.

SECTION 7

4-H Photos & Supporting Materials

10-Page Total Limit*: this can include pictures (with captions), news clippings, letters, certificates, etc. No layering, use the front side only and don't attach any item thicker than 1/8 inch. Use of clear protective sheets is optional.

**You will need to supply your own paper to complete this section.*

SECTION 8

4-H Project Focus

(Name of 4-H Project)

Use this space to give specific details about what you did in your 4-H project (remembering you should complete one of these pages for each project). Cover what you have done in the past three years by providing a narrative summary, list and/or chart. (For example, provide numbers on animals, dishes, meals, articles made, repairs, pictures taken, workshops, interviews and so forth.) If possible, show money earned, savings realized and profits and losses. Also, give totals where possible.
Place this year's project book record behind this page.



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Visit our Web site: www.lsuagcenter.com

Louisiana State University Agricultural Center
William B. Richardson, Chancellor

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1/10 Rev.

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