



October 2012



Lafourche Happenings

LSU Agricultural Center

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Sugar and Seafood Contest

Just a reminder of the upcoming Sugar and Seafood Contest to be held on Nov. 3, 2012, at Galliano Elementary School. Registration will be between 9:00 and 10:00 a.m. Judging will begin promptly at 10 a.m. and should be concluded by 1p.m.

Your dishes can be brought to the contest by another person. Elementary, Middle and Senior High school members will compete separately for purple and blue ribbons. Overall Class Champion dishes will receive trophies. Members may enter one seafood dish and/or one sugar dish.

Categories for Seafood are Oyster, Crab, Shrimp, Fish/Other Seafood and Crawfish. Sugar categories are Cakes (homemade or mixes), Candies, Cookies, Pies and Other Sugar Dish.

Rules for this contest are:

1. A copy of the recipe must be submitted with the dish. (Please print or write clearly on an index card or sheet of paper.)
2. Print name, school, and division (Elementary, Middle or Senior) on recipe.
3. The food should be exhibited in a normal-sized serving container not to exceed 18" to allow adequate space for all entries. You will be asked to remove items not directly related to the dish such as placemats, flower arrangements, figurines, trays, footed chafing dishes, soup tureens, etc. Baskets or metal containers in which casserole/serving dishes fit exactly will be allowed. Non-edible items are not to be used as garnish. No serving utensils will be needed. They are provided by the 4-H Office.
4. **Sugar and/or Seafood Illustrated Talk Divisions**—No dish will be required for this contest. There will be three divisions in this contest:

Division I – (Grades 4-6) Contestant designs (a) standard poster 22" x 28" relating to Sugar and/or Seafood, (b) presents a 2-3 minute explanation of poster subject (c) responds to questions from judges.

Division II – (Grades 7-9) Contestant designs (a) standard poster 22" x 28" relating to one of the five categories (1) production, (2) food preparation and nutritive value (3) food safety, (4) processing, (5) marketing; (b) member prepares an essay not to exceed 500 words or 3 typed pages, (12-14 spaces per inch) double spaced, about sugar and/or seafood; (c) presents a 2-3 minute explanation of subject; (d) responds to questions from judges.

Division III – (Grades 10-12) Contestant will present a 5-8 minute illustrated talk on sugar and/or seafood. It can be a specific idea or an overview. Examples include Nutritional Value, Economic Value, Cooking Principles, Versatility, Food Safety, Role in Today's Healthy Diet, Sugar and/or Seafood's Place in Agriculture and Natural Resources, Role in our National Economy, Role in Protecting the Environment. There will also be an interview from the judge.



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Calendar of Events:

- October 7-13
National 4-H Week
- Oct. 24-Nov. 11
Louisiana State Fair
- October 18
Pick Up Broiler Chicks
- November 1
Executive Committee Meeting/officer & Leader Training
- November 3
Sugar & Seafood
- November Club Meetings
La. Agriculture Posters Due
- November 16-18
Challenge Camp



Sew With Cotton Contest

This year's Sew With Cotton Contest will be held in conjunction with the Sugar and Seafood Contest on Nov. 3, 2012, at Galliano Elementary. Clothing garments can be brought by another parent. The rules for the contest are as follows:



1. Contestants may be in the 4th-12th grade. There will be three divisions: Elementary, Middle and Senior.
2. 7th – 12th grade contestants must make and model a complete outfit of any style appropriate for any occasion and any season of the year including a pair of pajamas. Elementary and Middle School students may enter the following:

4th Grade - drawstring apron (instructions at 4-H Office), barbecue apron, or Eco Friendly Tote Bag (from commercial patterns, ex. Simplicity 2402)

5th Grade - sassy skirt (instructions at 4-H Office), elastic waist shorts or elastic waist pajama pants (commercial pattern)

6th Grade - A-line or gathered skirt or variation with a waistband and zipper, robe, duffle bag or computer bag (from commercial pattern)

3. Outer garments must be 100% cotton or cotton blend. Interfacing, underlining, tape, trimming, etc. can be of any compatible fabric.
4. Contestant will be judged on construction and appearance.

Attention Parents! 4-H 101



If you would like to learn more about what 4-H is all about and how your child can get more involved, come to the Sugar and Seafood Contest on Nov. 3, 2012, at Galliano Elementary and attend the 4-H 101 Workshop.

This presentation will introduce you to 4-H and the activities that take place throughout the year. It begins at 10:00.

Agriculture in Louisiana Poster Contest

Louisiana is blessed with an abundance of natural resources. Agriculture is important to everyone in Louisiana. We get our food, our clothing and our homes from agricultural products. It is the biggest industry in Louisiana. It is very important to our state.

4-H club members should research agriculture and create a poster to generate awareness of the types of agriculture in Louisiana. The guidelines for the contest are:

1. Poster must be an 11 x 14 white poster board. No foam boards
2. Do not attach anything to the poster that is more than ½ " thick.
3. Be sure to place your name, grade and school on the back of the poster in the upper right hand corner.



Posters are due at **Nov. Club Meetings**. Recognition and awards are in the following divisions: Elementary Division- 4th – 5th grade, Middle School Division- 6th – 8th grade and High School Division- 9th – 12th grade

Purple, Blue and Red ribbons will be awarded. Every 4-H club member that makes a poster will receive a ribbon.

Purple ribbon posters will be displayed at Poultry and Pet Day held on **Dec. 1, 2012**.

Honey Bee Essay Contest

Honey Bee essays are due to the 4-H Office on **Jan. 30, 2013**. The topic is "**Reducing the Usage of Bee-Killing Pesticides in my Community.**" Pesticides are a fact of modern life, but misuse or overuse of pesticides, or making poor choices when selecting and applying pesticides can be devastating to honey bees and other pollinators. 4-H'ers are encouraged to learn about bee-killing pesticides being used in their communities—by homeowners, businesses, or farmers. Then, they should investigate how the impact of those pesticides on honey bees can be lessened.

The scope of the research is an essential judging criterion, accounting for 40% of your score. The number of sources consulted, the authority of the sources, and the variety of the sources are all evaluated. Personal interviews with beekeepers, farmers and others familiar with the subject are valued sources of information and should be documented. Sources, which are not cited in the endnotes, should be listed in a "Resources" or "Bibliography" list. Note that "honey bee" is properly spelled as two words, even though many otherwise authoritative references spell it as one word. The essay needs to be 750 to 1000 words, doubled spaced, 12 point Times or similar type style. NOTE: For the 2013 state contest, essays will need to be submitted electronically as a 'WORD' DOCUMENT; therefore **we will ONLY accept typed essay entries [do not submit hand-written, or emailed copies.**

4-H'ers who have previously placed first, second or third at the national level, or first place on the state level, are not eligible to participate.



4-H Regional Rabbit

There will be a Regional Rabbit Show held **Nov. 19, 2012**, at the Agriculture Building in Raceland. Rabbit Registration (only the day of the show) will be from 8:00 a.m. to 9:00 a.m. Registration line will close at 9 a.m. and no one will be allowed to enter the line and register after 9 a.m. A rabbit grooming and handling clinic will be held from 9:45 to 10:30 a.m. Judging will begin promptly at 10:30 a.m.

Entry fee is \$2.00 per rabbit. Please see our website for entry forms and rules at www.lsuagcenter.com.

Junior Leader Times

As a club composed of 4-H members at least 13 years of age, our Lafourche Parish Junior Leader Club focuses on being involved in community service as well as having fun as a group.

Helping at many parish 4-H events is an annual task completed by many of our junior leaders.

If interested in joining the club, please make every effort to attend the next meeting on Oct. 25, 2012, at 5:00 pm. at the Agriculture Building in Raceland. There will be a Halloween costume and pumpkin decorating contest at this meeting.

Lafourche Parish
LSU AgCenter

P. O. Box 429
Thibodaux, LA 70302
402 West Fifth Street
Thibodaux, LA 70301

Phone: 985-446-1316
Fax: 985-449-1549
E-mail: lafourche@agcenter.lsu.edu



Image obtained from Microsoft Office

Donna G. Ayo
Extension Agent
Lafourche Parish

Vickie L. Smith
Program Assistant
Lafourche Parish

Membership and participation in activities and events are open to all citizens without regard to race, color, national origin, gender, religion, age, veteran status or disability. If you have a disability that requires special accommodation for your participation in an activity, please contact us at 985-446-1316.