



STRIVE

2022 4-H UNIVERSITY
CONTEST STUDY GUIDE

FASHION REVUE
IT'S SEW YOU!



The LSU AgCenter and LSU provide equal opportunities in programming and employment

IT'S SEW YOU! CONTESTANT PACKET

1. Submit Data Packet and garment to Knapp Hall
2. State Deadline: Friday, June 10, 2022

CONTESTANT INFORMATION

LAST NAME: _____ FIRST NAME: _____

EMAIL ADDRESS: _____

PARISH: _____

MAILING ADDRESS: _____

CITY: _____ ZIP CODE: _____

CELL PHONE: _____

AGE AS OF JANUARY 1 OF THIS YEAR: _____ BIRTHDATE: _____

(MONTH/DAY/YR)

CHECK ONE:

Will have passed his/her 14th birthday and not passed his/her 20th birthday on January 1st in the year of competition for 4-H National Congress

Will have passed his/her 13th birthday and not passed his/her 20th birthday in the year of competition for Sewing machine or Serger. Prize to be determined by sponsor.

AGENT'S NAME: _____ PHONE #: _____

EMAIL : _____

PARENT'S NAME: _____ PHONE #: _____

EMAIL: _____

It's Sew You Survey must be completed as a part of the Data Packet score. Complete survey by clicking on link: https://lsu.qualtrics.com/jfe/form/SV_86ONffTrHUj6UVE

PHOTOS REQUIRED

NOTICE:

Complete this competition packet information carefully. The information is judged for completeness, accuracy and neatness. Judges look for a neat overall presentation; check your grammar and spelling. Complete all spaces.

See scoresheet for evaluation notes and points awarded. Photos will be judged on clarity of detail and background used. Background should be free of clutter. Contestant's pictures should reflect how they would present themselves and their garment for the day of competition. Contestant should be well-groomed and wearing all accessories desired (i.e.: all jewelry, shoes, belt, hat, bags, etc.). Dress, poise and pose are important when modeling an outfit. Have fun, be creative. Additional photos may be submitted but are not judged or scored.

Photo List of 4-H University Outfit:

Four photos (#1, #2, #3, #4) as detailed below:

1. Front View of contestant modeling garment with accessories.
2. Back View of contestant modeling garment with accessories.
3. Right Side View of contestant modeling garment with accessories.
4. Left Side View of contestant modeling garment with accessories

INFORMATION ON 4-H UNIVERSITY OUTFIT:

Fashion Show Script for the Runway Fashion Show:

Write 2-3 sentences about of the complete outfit describing the features of your garment that you have constructed to wear in the Fashion Revue (include accessories). This information may be included in the fashion show script. Do not mention the obvious such as "long sleeve white" shirt, or "blue" dress. Be creative, have fun.

QUESTIONS FOR JUDGES:

1. To what occasions can you wear this outfit?
 - a.
2. Why did you choose this pattern?
 - a.
3. What do you like about this outfit?
 - a.
4. Describe 3 challenges you experienced?
 - a.
 - b.
 - c.
5. What would you do differently next time?
 - a.
6. What 3 skills did you learn from this project experience and Explain how each can be used in the future.
 - a.
 - b.
 - c.

PATTERN, COST, FABRIC FACTS

PATTERN

1. Attach a photocopy of the front and back of the pattern envelope
2. Pattern Company Name and pattern number: _____
3. Number of pattern pieces used: _____
4. Cost of pattern: \$ _____
5. Calculate Garment Cost information below: (If no receipt, estimate) (if not used, state not applicable)

- 5.1. Fabric (\$/yard x # yards used): \$ _____
- 5.2. Interfacing (\$/yard x # yards if used): \$ _____
- 5.3. Lining (\$/yard x # yards if used): \$ _____
- 5.4. Notions/Trims: \$ _____
- 5.5. Pattern (list individually): \$ _____
- 6. Total Cost of Outfit? \$ _____
- 7. Estimated cost of outfit if purchased at retail store? \$ _____

FABRIC FACTS

1. Fashion Fabric: Attach a fabric swatch of fashion fabric and check all that apply to describe fabric below.

2. Fashion Fabric Type:

- Woven
- Knitted
- Yarn dyed
- Fabric dyed
- Lightweight
- Heavy weight
- Sheer
- Other: _____

3. Fiber Content and Percentage:

4. Care recommended:

5. Fabric design: Check all that apply

- Solid color
- Lace
- Print
- Floral
- Stripe
- Plaid
- Other:

6. Describe Interfacing used (if applicable):

- Attach a swatch if used:

- Interfacing Type:
 - Woven
 - Non-woven
 - Fusible
 - Other: _____

Interfacing Fiber Content and Percentage:

Care recommended:

7. Describe Lining used (if applicable):

Attach a swatch of lining used:

Lining Fabric Type:

Lining Fiber Content and Percentage:

Care recommended

8. List Notions and Trims included:

Construction Facts: Do your very best in cutting, marking, assembling, stitching, seams and finishing techniques are appropriate and of best quality. Remember to press as you sew.

Check all that apply.

9. Seam Types used:

- Plain
- French
- Flat-felled
- Serged
- Taped
- Other: _____

10. Seam Techniques used:

- Topstitching
- Under-stitching
- Gathers
- Piping
- Tucks
- Pleats
- Darts
- ZigZag
- Other: _____

11. Style Features used:

Pockets

- Collar
- Facing
- Sleeves
- Cuff
- Placket
- Lace
- Other: _____

12. Closures:

- Hooks n eyes
- Zipper
- Buttons and buttonholes
- Waistband
- Ties
- Hem
- Other: _____

- Review the scoresheet to evaluate your garment. Though not required, it will help in knowing what the judges will be scoring.
- Bring your garment in a clear dry cleaner bag for safekeeping.

SPECIFIC REQUIREMENTS FOR THE IT'S SEW YOU CONTEST

- Complete a constructed garment (dress/jumpsuit or top/shirt/blouse with skirt/shorts/pants) prior to the deadline. Do not include accessories unless they have been constructed by contestant. Any accessory submitted with garment will also be judged. Bring your garment in a clear dry cleaner bag for safekeeping.
- Submit a completed packet of information with photos about 4-H U outfit prior to the deadline.
 - Photos required must be included in packet. Photos may be digital or printed.
 - Packet can be printed and submitted with garment to State 4-H Office Knapp Hall, LSU, BR.
- During 4-H U Wednesday morning contest, contestants will model 4-H U outfit for appearance judging.
- Contestants will participate in Fashion Show Rehearsal held on Wednesday afternoon. Location will be announced closer to 4-H University
- Contestants will model outfit for the 4-H U Fashion Show held Thursday afternoon. Location will be announced closer to 4-H University.

EVALUATION: IT'S SEW YOU! (Detailed Rubrics are included in the contest packet).

There are 2 scoresheets included: one for data packet and one for appearance judging. Points awarded as described on scoresheets.

Construction	= 50 Total Points
Appearance Judging	= 50 Total Points
Total Points Possible	= 100 Total Points

MADE AVAILABLE BY

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