



18 U.S.C. 707



STRIVE

2022 4-H UNIVERSITY
CONTEST STUDY GUIDE

FASHION REVUE
UPCYCLED FASHION

UPCYCLED FASHION: A RECYCLING PROJECT DATA CONTESTANT PACKET

1. **Submit Data Packet** online prior to deadline.
2. **Do not submit Garments, only packet**
3. **State Deadline: Friday, June 10, 2022**

CONTESTANT INFORMATION

LAST NAME: _____ **FIRST NAME:** _____

EMAIL ADDRESS: _____

PARISH: _____

MAILING ADDRESS: _____

CITY: _____ **ZIP CODE:** _____

CELL PHONE: _____

AGE AS OF JANUARY 1 OF THIS YEAR: _____ **BIRTHDATE:** _____
(MONTH/DAY/YR)

AGENT’S NAME: _____ **PHONE #:** _____

PARENT’S NAME: _____ **PHONE #:** _____

Upcycled Fashion Contest Survey must be completed as a part of the Data Packet score. Complete survey by clicking on link: https://lsu.qualtrics.com/jfe/form/SV_86ONFfTrHUj6UVE

NOTICE:

Complete this competition packet carefully. This Data packet is judged for completeness, accuracy and neatness. It does not need to be typed but must be legible. Please submit good quality color pictures. Computerized printed copies or the original photo give the best presentation of your project. Judges look for a neat overall presentation; write neatly and check your grammar and spelling. Complete all spaces, do not leave any blanks. Additional pages may be added where needed.

PHOTOS REQUIRED

See scoresheet for evaluation notes and points awarded. Photos required will be used for construction judging. Include at least four (4) pictures of you wearing your completed 4-H U outfit (see list below). You may add close-ups and side views as well. Use additional photos as needed to tell your story. Please add any additional information as needed to explain or describe the story of your creation. Six additional photos submitted will be used for design and construction judging. See required list for each below. See scoresheet for evaluation notes for details and points awarded. Photos will be judged on clarity of detail and background used. Background should be free of clutter. Contestant's pictures should reflect how they would present themselves and their garment for the day of competition. Contestant should be well-groomed and wearing all accessories desired (i.e.: all jewelry, shoes, belt, hat, bags, etc.). Dress, poise and pose are important when modeling an outfit. Have fun, be creative. Additional photos may be submitted but are not judged or scored.

Photo List of 4-H University Outfit:

Four photos (#1, #2, #3, #4) detailed below. Photos will be judged on clarity of detail and background used. Background should be free of clutter. Contestant's pictures should reflect how they would present themselves and their garment for the day of competition.

1. Photo #1: Front View of contestant modeling garment with accessories.
2. Photo #2: Right Side View of contestant modeling garment with accessories.
3. Photo #3: Left Side View of contestant modeling garment with accessories
4. Photo #4: Back View of contestant modeling garment with accessories.

Photo List for Construction:

The garment is not submitted for construction judging. Judges will use photos submitted in this section to help understand how the garment was created. Photos will be judged on clarity of detail and background used. Photos should show how the garment was constructed. Six (6) more photos are required so that judges can evaluate your garment's design and construction. Choose the 6 of your best photos to tell your design story.

1. Construction photo #1:
2. Construction photo #2:
3. Construction photo #3:
4. Construction photo #4:
5. Construction photo #5:
6. Construction photo #6:

Additional Photos:

Additional photos may be included but are not judged or scored. Please label each photo required and label additional photos. Additional photos: Optional photos may be submitted to give judges a closer look at details or designs. You can upload a maximum of 5 additional photos.

To help the judges fairly evaluate your garment, please submit the best photos possible with focus on item being judged.

- Photo of recyclable items used before construction
- Up close, in focus photo of specified item showing stitch, design process, technique quality.
- Up close, in focus photo of any belt, pockets, trim, ties, homemade accessory, creative or decorative features (i.e. piping, binding, laces, decorative stitching, etc.)
- Up close, in focus photo of additional features you would like to showcase for the judges. Additional photos are not judged or scored.
- See evaluation sheet for scoring.

INFORMATION ON 4-H UNIVERSITY OUTFIT:

Fashion Show Script for the Runway Fashion Show:

Write 2-3 sentences about the complete outfit describing the features of the garment that you have selected to wear in the Fashion Revue (include accessories). This information may be included in the fashion show script. Be

creative, have fun.

My story:

Tell us about yourself and your design. Mention the recycled materials used and the process used to create the garment.

QUESTIONS FOR JUDGES:

1. To what occasions can you wear this outfit?
2. Why did you choose this design?
3. What do you like about this outfit?
4. What would you do differently next time?

CHOOSE 3 DESIGN PRINCIPLES/ELEMENTS USED IN THE DESIGN OF YOUR UPCYCLED GARMENT.

1. Color
2. Line
3. Style
4. Texture
5. Wardrobe plan
6. Compatible with body type
7. Fabric type
8. Fiber content and percentages

Explain how each of the three chosen was used in the garment

DESCRIBE HOW ANY OF THE DESIGN PRINCIPLES AND ELEMENTS CAN BE USED TO GIVE YOU YOUR BEST LOOK POSSIBLE WITH THE CLOTHING YOU WEAR.

IDENTIFY 4-H U GARMENT:

List, describe and explain the materials used to create your 4-H U outfit by garment pieces and accessories and complete the information given below. See evaluation scoresheet for points awarded. Were the materials reused, recyclable, etc.?

LIST MATERIALS USED TO CREATE 4-H U OUTFIT: BE SURE THAT THE MATERIALS USED IN YOUR RECYCLED GARMENT CREATE A WEARABLE GARMENT.

- Identify materials used and its source. (Where did you find the materials used in 4-H U garment?)
- Identify the original use of the materials used. Identify of what the recycled material was made of and its recycling # if any.
- What is cost of materials used and total cost of garment (if no cost involved or no other supplies purchased, list: *no cost*)

CONSTRUCTION TECHNIQUES: BE SURE GARMENT IS CONSTRUCTED SO THAT IT CAN BE SAFELY WORN.

Be sure that your design and materials used are appropriate to walk the runway.

1. Explain construction techniques used to create the garment (example: punched hole in playing cards, used shoestrings to stitch cards together to create the vest; used old blue jeans to create a hat to match my jeans; crocheted plastic bags to make lace for the skirt,, etc.)
2. Describe and explain materials used to construct or hold items together
3. Explain design principles and elements used in the design and construction of garment.

4. Explain the level of difficulty in your design and construction of garment.

SKILLS

- List 3 skills learned or improved and explain how each can be used in the future.

CHALLENGES:

- List and explain 3 challenges in this project.
- List the total number of hours spent to research and create garment.

TRAINING:

- List training needs:
- What advice would you give to someone entering this contest next year?

IMPORTANCE AND BENEFITS OF RECYCLING:

- Write a brief paragraph on the importance of 3 benefits of recycling. Use proper writing process in your explanation including relevant and support facts and details. Use appropriate grammar, spelling, punctuation, complete sentences, etc.

WHAT CAN YOU DO TO HELP RECYCLE IN THE FUTURE?

SPECIFIC REQUIREMENTS FOR THE UPCYCLED FASHION RECYCLING CONTEST:

- Submit a completed packet of information with photos about 4-H U outfit prior to the deadline.
- Packet must be submitted online by close of business on June 10, 2022. Information on online submission folder will be released in spring.
- Garments must be made of at least 75% recycled or reused materials that would otherwise end up in the landfills. The focus is to take recyclable materials headed for the landfill and turn them into fashion. Do not purchase or use new items. Do not use glass or glitter.
- Participants will create a new outfit, not simply embellish an old one that is wearable.
- Materials used in the construction of garments MUST be post-consumer, post-industrial or post agricultural waste. Designers may use materials for construction such as glue, tape, dyes, markers, thread, zippers, elastic, wire, string, Velcro, boning, buckram, grommets, laces, starch, paint, etc. No food wastes.
- Footwear made from recyclable material is preferred, however, street shoes are acceptable. Shoes must be safe to walk in.
- Accessories may be made of recyclable materials as well but not required.

Only the data packet is submitted for judging prior to 4-H U. The garment and accessories are NOT submitted prior to 4-H U.

EVALUATION: UPSCALED FASHION (Detailed Rubrics are included in the contest packet).

There are 2 scoresheets included: one for data packet and one for appearance judging.

Data Packet	= 100 Points
Appearance Judging	= 100 Points
Total Points Possible	= 200 Points

MADE AVAILABLE BY

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