



FROM ROADMAP TO REALITY

*Navigating Change
Together*

Cloverbuds: Social/Emotional Development

Lesson Title & Topic	Life Skills & Character Focus	Activity
Celebrating Individuality	We are the same, yet we are different. This lesson will focus on celebrating individuality. Acceptance of self	Me on the Map What's in a Name?
Manners Matter	Participants will become aware of the importance of manners in social situations. Manners matter because they make life nicer, cleaner, and respect everyone.	Hygiene, oral, table, phone, and bathroom manners interwoven into an activity.
Dealing with Disappointment	It's important for children to learn to deal with disappointment so that when issues happen, they are equipped to handle their emotions. Children will become aware of different emotions and discuss appropriate actions.	Identify and name emotions. Recognize joys and sorrows in life. Positivity.
Disability Awareness	Disabilities awareness provides an insight into the challenges that individuals overcome to thrive in society. It's important for youth in 4-H to have access to discussions about stereotypes about disabilities.	Recognize stereotypes. Avoid slang language.
Making Decisions	Participants will become aware of the importance of thinking before making decisions. Learners will understand that everyone has to make choices but there are also consequences to the choices that we make.	Avoid impulsivity. Make a plan. Weigh all options. Be consistent.
Diversity Awareness	Children need opportunities to understand and recognize differences between themselves and others to learn respect and gain acceptance of the unique qualities of people. Definition of culture, race, and ethnicity.	Increase understanding of diversity issues. Recognize likenesses and differences. Identify families.